

With the right information, you can be a more active participant in your healthcare decisions.



DIAGNOSIS		
STAGE		
NOTES		

The Patient Journey: Where Am I?



TREATMENT (1ST LINE, 2ND LINE, AND BEYOND)

Radiation therapy

Review the chart below to better understand the lung cancer journey; use the first second second for Commence and the second s

- Chemotherapy
- Targeted therapy
- Immunotherapy
- Combination therapy
- Clinical trials

MONITORING

- Symptom management
- Side effect management
- Surveillance
- Repeat biopsy

Navigating Lung Cancer: What's Next?



Questions to ask yourself

- 1. Do I need to work while undergoing treatment?
- 2. Do I have someone who can help me get to and from treatment?
- 3. Do I have someone who can provide practical help around the house?
- 4. Do I have someone who can help with care for my children or grandchildren?
- 5. What does "quality of life" mean to me?
- 6. Are there major life events that I would like to attend?

Questions to ask your healthcare provider

Diagnosis Questions

- 1. Should I get a second opinion, and how do I do that?
- 2. Will I have my tumor tested for molecular driver mutations?

Treatment Questions

- 1. What is the goal of my treatment?
- 2. What are my treatment choices/recommendations?
- 3. To whom can I talk? Will I have a patient navigator or case manager?
- 4. What risks and side effects should I expect from my treatment?
- 5. What can I do to reduce the side effects of the treatment?
- 6. Whom do I call if I'm experiencing uncontrolled adverse effects after hours?
- 7. What would we do if my treatment doesn't work or if the cancer comes back?
- 8. Do I need pulmonary rehabilitation or physical therapy?
- 9. Will I need pain management?
- 10. What is palliative care, and how can I learn about services that may help me during and/or after my treatment?

Clinical Trial Questions

- 1. What are clinical trials?
- 2. Should I think about taking part in a clinical trial?
- 3. Where can I find information about clinical trials?

General Lifestyle Questions

- 1. How will the treatment affect my daily activities?
- 2. Will I be able to work during treatment?
- 3. Will I be able to travel during treatment?

Financial Questions

- 1. Does my insurance cover this treatment?
- 2. Where can I find information about financial assistance?

Resource Questions

- 1. Where can I find resources for lung cancer patients?
- 2. Are there local resources that help with rides to and from treatment?
- 3. Is there a local lung cancer support group meeting?
- 4. Can I get connected to others who have survived or are living with this type of cancer for support?

For information about lung cancer, resources, and support, go to www.LUNGevity.org.